

DELICIOUS RECIPES—ADVENTURES WITH A PURSE—WOMAN'S EXCHANGE—JUST MARY'S UNHAPPY

MRS. WILSON SUGGESTS SOME UNUSUAL DISHES

Muffins, Cookies and Puddings Calculated to Tempt the Most Delicate and "Choosy" Tastes

Cocoanut Is Used in Many Different Ways and Combined With Delicious, Tasty Flavors

By MRS. M. A. WILSON

JUST what to add to the daily bill of fare to provide variety frequently puzzles the busy housewife. This is especially true if, as frequently happens in families, one likes this, another something else, and the one member never can eat what the other two or three enjoy. For this additional one try giving him

Delicate Muffins
Place in bowl
Five tablespoons sugar.
Yolk of one egg.
Four tablespoons shortening.
One and one-half cups sifted flour.
Cream well and add.
One level tablespoon baking powder.
Three-quarters cup milk.
Beat mixture to blend, then fold in the stiffly beaten white of the egg. Drop in well-greased muffin pans and bake in moderate oven twenty-five minutes. These muffins are delicious.

Marshmallow Oatmeal Cookies
Put one cup of oatmeal through the food chopper, using the fine knife. Place the prepared oatmeal in mixing bowl and add

One cup flour.
One teaspoon salt.
One level tablespoon baking powder.
Two-thirds cup sugar.
Sift through coarse sieve or rub between the hands to mix. Now rub in six tablespoons shortening.
Then add
One teaspoon cinnamon.
One-half teaspoon nutmeg.
Two teaspoons vanilla.
One egg.
Four tablespoons milk.
Beat together to mix thoroughly. Roll one-eighth inch thick on slightly floured board. Cut with cookie cutter. Bake in moderate oven about eight minutes. Cool, spread with marshmallow whip and place two cookies together.

Mocha Pudding
Place in mixing bowl the following:
One cup brown sugar.
One-half cup shortening.
One egg.
Cream well. Now add
Three-quarters cup strong black coffee.
One and one-half cups sifted flour.
One level tablespoon baking powder.
Beat hard to mix thoroughly. Turn in well-greased and floured mold and steam or boil over and-quarter hour. Serve with coffee custard sauce.

Coffee Custard Sauce
Place in saucepan:
One cup milk.
One cup strong black coffee.
Six level tablespoons flour.
Stir to dissolve starch, then bring to a boil. Cook slowly five minutes. Then add
One-half cup brown sugar.
Yolk of one egg.
One level tablespoon butter.
Beat to mix. Cook two minutes. Remove and add one teaspoon of vanilla. Use white of egg and half glass jelly. For fruit whip or meringue, place white of egg and jelly in bowl and beat with Dover egg beater until the mixture holds its shape. To use leftover pudding: When cold cut in thin slices. Dip in flour then in beaten egg and fry golden brown in hot fat. Serve with coffee custard sauce.

Cocoanut Cream Cake
Place in mixing bowl
Three-quarters cup sugar

THOSE RECIPES

which Mrs. Wilson gathered together on her trip to Northwest Canada will appear in these columns in the near future. They are being prepared, written up and arranged in Mrs. Wilson's usual tasteful way with menus and descriptions to accompany them.

Watch for Them

Yolk of two eggs.
Cream well. Now add
Four tablespoons shortening.
One-half teaspoon nutmeg.
Cream again. Now add
Two cups sifted flour.
One level tablespoon baking powder.
One-half cup water.
Beat to mix. Then fold in stiffly beaten white of one egg. Bake in a well-greased and floured loaf-shaped pan in moderate oven thirty-five minutes. Cool. Split in three slices. Spread with jelly, then with marshmallow whip and then with cocoanut. Put together again. Now place in bowl!
White of one egg left over.
One-third glass jelly.
Beat with Dover eggbeater until the mixture holds its shape. Spread over the top and sides of cake and cover thickly with cocoanut.

Chocolate Cocoanut Pudding
Place in saucepan:
Two cups milk.
Six level tablespoons cocoanut.
Stir to dissolve the starch, then bring to a boil. Cook five minutes. Then add
Two tablespoons butter.
One teaspoon vanilla.
One-half teaspoon cinnamon.
One-half cup sugar.
One-half cup cocoanut chopped fine.
Beat to mix. Turn in a loaf-shaped pan with cold water. Turn in the pudding and set in cool place. Place on ice one hour before serving. Serve with custard sauce.

Cocoanut Pudding
Place two cups of milk in saucepan and bring to boiling point. Now add
Two tablespoons butter.
One-half cup sugar.
Three-quarters cup fine bread crumbs.
Two-thirds cup cocoanut chopped fine.
Beat to mix. Remove from fire and add
One-quarter teaspoon salt.
One well-beaten egg.
One teaspoon baking powder.
Turn in well-greased loaf-shaped pan and bake in moderate oven twenty-five minutes. Serve with fruit or custard sauce.

Cocoanut and Peach Dumping
Make plain pastry. Roll out one-quarter inch thick on well-floured pastry board. Cut in four-inch squares. Now roll halves of canned peaches in finely chopped cocoanut. Place on the pastry, over edges of pastry and press together. Wash pastry with water and bake in moderate oven twenty minutes. Serve with hard or fruit sauce.

Mrs. Wilson Answers Queries

My dear Mrs. Wilson—Will you please tell me why, when baking a cheese-cake pie the bottom crust is always soggy and does not seem to be done? Will you publish a recipe for good pie-crusts, enough for four persons, and oblige. MRS. M. K.

Brush the bottom crust of the pastry with cold oil to prevent moisture from soaking through, before turning the prepared cheese-cake mixture into the pastry. Evidently your oven was too slow. Temperature should be between 325 and 375 degrees Fahrenheit. For pie-crusts use sponge-cake recipe, adding three tablespoons of shortening when creaming the eggs and sugar.

My dear Mrs. Wilson—I enjoy your recipes as I always have success with them, which is an amount of praise and gratification. Will you kindly give me a good recipe for moult turtle soup? Thanking you. M. E. R.

Showing a lesson in this delicacy will appear. My dear Mrs. Wilson—Will you kindly send me a recipe for cranberry sauce? I have tried to make it and have failed. I also added two tablespoons of gelatin, hoping that would give the work, but it also failed. Please tell me what I can do. MRS. T. I. H.

You should have added tart apples to your cranberry sauce. Tart apples in product act as support of fruit and give the fruit will give the fruit a good flavor. To serve four glasses of sauce and six tart apples, wash apples, slice seven thin, do not core, or core, core always until apples are in soft pulp, then strain, turn in kettle, boil five minutes, turn in jelly glasses. Changeable jelly made at this season of the year tanks flavor.

Please Tell Me What to Do

By CYNTHIA

A Woman's Reason
Dear Cynthia—Will you please print the following little note to "Alpina"? Dear Alpina: I read your note in this evening's paper with both amusement and interest. I agree with you that it isn't always the best-dressed man who is the real honest-to-goodness man at heart. Oh, for another Abraham Lincoln!

Girls wear pumps and low shoes in winter and heavy furs in summer for the same reason that they close their eyes when they are kissed. It can't be explained—it's just a woman's way. I don't wear pumps in winter and furs in summer, but I do close my eyes, but I don't know why I do it.

That isn't very enlightening, is it? Perhaps "Buck Private" can help us out. "Alpina." BETTY BONNET.

They're Experienced
Dear Cynthia—We are sending you our opinion on this momentous question of why girls close their eyes when kissed.

Our opinion is this: That they are ashamed to look into a fellow's eyes or else they are bashful or backward. Why she closes her eyes when kissed is because it may be to show her bashfulness.

For we have had experience, both I and my friend on the same subject! BLONDY AND BRUNETTE.

Put's "Top Kicker" in Place
Dear Cynthia—Please print these lines to "Top Kicker" in defense of "Buck Private." Well, "Top," old scout, I guess you were too busy with the captain's staff to get anywhere to kiss the girls, while the war was going on.

I did my share and can say nine out of every ten I kissed the girls. For I guess you don't know how to kiss. For the likes of your kind always hand-shake with your officers. But you try to do a buck private out of a new girl if he brings her to camp. I know lots of top kickers who were gone on buck private girls, but I guess they could not make good because they did not know how to kiss them.

So, "Top," you had better let up on all your private and jump out the League of Nations yourself, because if you can do any good, do it. We bucks will just go on making the girls close their eyes and love them with all our hearts. So good luck to you, "Buck," old top, and a happy, long life!

BUCK PRIVATE THE SECOND.

Scores "Mamma's Boy"
Dear Cynthia—Say to "Mamma's Boy" for me that if all the girls he travels around with are kissers he must really be a "Bird" of a feather, and a flock together. It surely must be a disgusting crowd—and Mamma's Boy is no better than the rest. The really nice girls don't kiss and there are many of them.

Has it not occurred to you, Cynthia, that Buck Private likes to see his name in print? His reply to Cleopatra was quite a literary composition, and personally, I'm wondering who wrote it for him. I'm sure the same man who wrote that could not ask such a simple and naive question as "Why do girls close their eyes when kissed"? There is no emotional reason for it, but an involuntary protection to the eyes when something comes close to them. All Cynthia's readers know this.

I think it a wonderful privilege to have a column such as yours for advice and sympathy, and to be in a shame to abuse the privilege. I'm sure a lot of useless trash and so much repetition. Girls and boys should realize that all they have to do to be happy is to love themselves open and wide, some and attractive, and all youth is attractive—and love and kisses will come at the right time with the right person. Don't despise yourself by making nervous love-making. Learn to dance well, skate well and talk well. Keep your skin clean and healthy, a dash of powder to cover a blemish is not vulgar, keep your hair clean and well brushed, your nails well groomed, your face clean and sweet-looking—then, girls and boys, you'll be real magnets, with all the charm and fascination that you desire.

This for the romantic readers: I'm thirty and happily married. Am raising a devoted husband, a casual of a seven-year-old son, and five younger sisters who were left motherless ten years ago. Each girl is better than the other, none better, just sweet, warm, happy young girls with lots of brains, who don't kiss. IMogene.

To do the Buck Private justice, Imogene, he did write all of that letter to Cleopatra and he has written pretty often to Cynthia, so she knows his letters and his thoughts pretty well. Did you read his thoughts' letter?

THE FRINGE COMES TO THE SKIRT HEM

The Woman's Exchange



This tan polo coat has stylish lines that are emphasized by the heavy fringe that hangs from the collar and the bottom. The hat is very simple, thereby adding to its charm and style. It is of lacquered straw trimmed with light colored ribbon.

A Daily Fashion Talk by Florence Rose

HAVE you ever noticed how women are careless or indifferent regarding the way their top coats fit? In fact they seem to think that it doesn't matter whether top coats fit at all. Or, at least if you are approximately a thirty-eight, a thirty-eight coat will fit some of a thirty-six, then a thirty-six coat will do. Whether or not the coat is of the right length at the bottom is something that does not seem to concern many women. They seem to forget that when the coat was designed the designer had a certain definite height in mind. Much of the effect of the coat depended, in her mind, on having that coat terminate at just a certain line above the ankles. The waistline of the coat, too, was suited for one sort of woman just as much as the suit that you buy was fitted to a certain type of figure. If you are not of that type you have the suit altered, and so you should do with the top coat.

Use your school and class flags to decorate the room and include as many potted plants as you can get. Have the lights shaded with green cheesecloth to make a soft light in the room, and make a flower bed in one corner by "planting" various hat-trimming flowers in green cheesecloth. Let the sewing party stand near the flower bed to receive the guests. From the chandelier or from two different places on the ceiling, if you can put looks in, suspend balls of green crepe paper from which flowers are popping in all sizes. Make the balls by crossing two loops at right angles, one going through the other, and covering them with paper. Then pull the twisted strands of paper over the foundation, letting the ends hang down in streamers. Catch the artificial flowers into the paper with hatpins.

The Woman's Exchange

Announcing Engagement

Dear Madam—Will you kindly tell me how to announce an engagement of a daughter? Would like to give a party to a few of her girl and boy friends, twenty in all. What would you suggest to serve?

MRS. A. C. R.
To announce your daughter's engagement, rig up a postoffice window in the room where you have the party and keep its purpose a mystery until you are ready for the announcement. Then, at a certain hour, have some one play the part of postman and stand behind the window. Have the announcements written and inclosed in envelopes, and have white envelopes for the girls and blue ones for the boys, and have each one addressed to keep the secret as long as possible. Give the idea that the guests are receiving favors or fortunes or something of that kind. Ask them all to keep the envelopes unopened until all have received them. Then the news will come to everybody at once, although they may have guessed it before it comes out.

Serve vanilla ice cream with chocolate or maple sauce and cakes. If you want something more elaborate you might have chicken à la king, or salad, rolls, coffee and ice cream afterward. Or sandwiches and small cakes with punch or lemonade would be appropriate.

Party Decorations
Dear Madam—Our junior class at school is going to give the senior class a farewell party around the first or middle of March. We are all members of a school for social service work and have only a small attendance. The juniors number about sixteen and the seniors only eight, then a dozeness in charge and a matron. Could you tell me as soon as possible what would be appropriate decorations, both for the table and room? D. K. K.

Have spring predominate in your decorations. On the middle of the refreshment table have a long, shallow pan with low ferns planted in it. Here and there through the ferns have a few daisies, not standing high, but just showing among the greenery. Use green shades on the candlesticks and have streamers cut out of green paper hanging as a border around the edge of the tablecloth.

Use your school and class flags to decorate the room and include as many potted plants as you can get. Have the lights shaded with green cheesecloth to make a soft light in the room, and make a flower bed in one corner by "planting" various hat-trimming flowers in green cheesecloth. Let the sewing party stand near the flower bed to receive the guests. From the chandelier or from two different places on the ceiling, if you can put looks in, suspend balls of green crepe paper from which flowers are popping in all sizes. Make the balls by crossing two loops at right angles, one going through the other, and covering them with paper. Then pull the twisted strands of paper over the foundation, letting the ends hang down in streamers. Catch the artificial flowers into the paper with hatpins.

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Adventures With a Purse

Whenever I have something special

Whenever I have something special I always feel just as pleased and smug as if I were coming to you with a "last-go send" such cake mix. That's the way I feel about the marshmallow roll. It may be that I am particularly enthusiastic about it, but I am particularly fond of a light, spongy cake, check-ful of sticky, melting marshmallow filling. As to that I cannot say. I simply tell you that such cake mix is had, not in the usual uninteresting form of a layer cake, but formed like a jelly roll, only where the jelly would be in the jelly roll one finds delicious marshmallow filling. Doesn't that sound good? The price of one is twenty-five cents.

One has only to look at the new blouses and summer dresses to know how the return is rather gradual, so that the prices have not yet gone way up. This means that there is an opportunity for the prudent apartment purchaser to buy a collar or two at a very reasonable price. For instance, I know one shop that has long, round collars of rather fine Irish lace for the surprisingly low price of \$1. I understand, however, that it is only a special, so that no time should be lost in seeing them if you are interested.

How much nicer it is to have the right dish for each thing you want to serve rather than to have to use the same one for all. The correct table for a party or dinner is not overly expensive. Their price is \$2. But they are very nice in a silver-plated finish. It is a very dainty little affair and destined to make the lives of those who use it more enjoyable. It is a long-pronged olive fork. Doesn't that sound nice?

For names of shops, address Woman's Page Editor or phone Walnut 3060.

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Place them where the driver leaves the milk
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Supplee-Wills-Jones Clean Milk
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SHE CRIES HERSELF ASLEEP BECAUSE SHE'S SO LONELY

The Only Way to Get Rid of the Blues Is to Get Either a Good Friend or an Interesting Hobby to Live With Her

"JUST MARY" writes that she is lonesome. She lives alone in her apartment, and although she goes to parties and dances and has a good time, she is so lonely when she gets home that she cries herself to sleep. You can't blame her, can you? Half the fun of a good time is telling somebody about it when you get home; half the fun of getting home is telling somebody about what you've been doing. And this girl comes home to an empty apartment, where every step she takes echoes, and where the brightest light throws shadows that grow the most fearsome, reaching arms! "Nobody knows and nobody cares" where she's been and what she's been doing. It's a desperate situation for a girl. Is it any wonder that she slips into bed and pulls the covers high over her head and cries and cries and cries until she falls asleep?

But there must be some remedy for these blues. It isn't natural or right for them to go on until "Just Mary" cries herself into a nervous wreck. There must be some other girl who is situated in the same lonely way. Couldn't they get together, share expenses and confidences and halve the loneliness? It wouldn't be like a boarding house if "Just Mary" dreams that community eating as some girls do, but there would be somebody to talk to when the sun goes away, somebody to scream with when a silent breeze blows a picture off the wall or a vase off a shelf in the dead of night. And better than all that, there would be somebody to ask, "What you wear the blue or the pink tonight?" somebody to tell, "And he said 'I don't think you mean that,' and I said, 'Well, you can take it or leave it.' " Oh, those confidences that are so important and mean so little to anybody outside!

BUT perhaps there isn't any girl who would care to share Mary's apartment. Perhaps Mary doesn't really want anybody. Perhaps the apartment isn't big enough. In that case, it's entirely up to Mary. She'll have to get blame her, can you? Half the fun of a good time is telling somebody about it when you get home; half the fun of getting home is telling somebody about what you've been doing. And this girl comes home to an empty apartment, where every step she takes echoes, and where the brightest light throws shadows that grow the most fearsome, reaching arms! "Nobody knows and nobody cares" where she's been and what she's been doing. It's a desperate situation for a girl. Is it any wonder that she slips into bed and pulls the covers high over her head and cries and cries and cries until she falls asleep?

Some people don't have any trouble in finding a hobby. They just go to the store that hobbies grow on and pick one off. But if Mary isn't that kind of a person she'll have to do a little hunting—to find the tree. As soon as she starts to find the tree she'll find her blues outside a little, because when you're hunting for something important you can't have anything holding you back and worrying you. And then some day when she'll find that she is very much interested in sewing—in making a new dress, or in sewing out of two old ones, or one old one and one new one, or one old one and one new one and one new one, she'll come home to that lonely place that she calls home and she'll sew and pin and cut and think until she's so interested that she'll get together, share expenses and confidences and halve the loneliness? It wouldn't be like a boarding house if "Just Mary" dreams that community eating as some girls do, but there would be somebody to talk to when the sun goes away, somebody to scream with when a silent breeze blows a picture off the wall or a vase off a shelf in the dead of night. And better than all that, there would be somebody to ask, "What you wear the blue or the pink tonight?" somebody to tell, "And he said 'I don't think you mean that,' and I said, 'Well, you can take it or leave it.' " Oh, those confidences that are so important and mean so little to anybody outside!

Try it, "Just Mary." It has worked a lot of times. Forget that it sounds silly and "goody-goody," and take it as you would take bitter-sweet medicine. You'll like it.

Chodoff Millinery Importer
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The fashionable authenticity of Chodoff Millinery appeals irresistibly to the most critical.
The art of hats finds its highest expression in our new "First Hats" for Spring.

MEATS! Wholesale Prices!
"We're Backing Mr. Palmer to the Limit . . .!"
Trouble for Meatmen if Prices Keep Up
Chicago, Feb. 22.
RETAIL meat dealers throughout the country must reduce their prices as the wholesale price of meat declines or else submit their books to federal agents for investigation of their profits.
That definition of the government's attitude was announced tonight by A. Mitchell Palmer, attorney general. Instructions to serve the notice on all retail meat dealers have been sent to every United States district attorney, he said, within three months the price of meat will be controlled.

Friday & Saturday Specials:
Chuck Roast (Best Cuts) 10c
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Boneless Bacon 28c lb.
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The Question Corner
Today's Inquiries
1. What is the best old-fashioned piece of furniture has come back into use again?
2. What is the best piece of furniture has come back into use again?
3. How can I get a good piece of furniture for a small amount of money?
4. How can I get a good piece of furniture for a small amount of money?
5. What will replace the old and worn on bedroom chairs?
6. How can I get a good piece of furniture for a small amount of money?
Yesterday's Answers
1. Water works are the best for getting a piece of furniture for a small amount of money.
2. Lace tops, with a ribbon or a bow, can be bought to make the making of a comfortable and stylish hat.
3. A conversation for the housewife who has a gas stove is a small, round square of black sandstone which looks like a piece of soap.
4. When a hat is made, it has been pointed, it should be lined with cold water for several hours to harden the paper before the top is made.
5. A pretty way to be seen with a light dress hat is a long ribbon, one trimmed with a row of beads.
6. Turkey head is the best for making a hat.

SEE SHABBY, FADED GARMENTS TURN NEW
"Diamond Dyes" Make Old Apparel Fresh and Stylish
Don't worry about perfect results. The "Diamond Dyes" guaranteed to give a new, rich, fadeless color to any fabric, whether it be wool, silk, linen, cotton or mixed goods—dresses, blouses, stockings, skirts, children's coats, feathers, draperies, coverings.
The Direction Book with each package tells so plainly how to diamond dye any color that you can not make a mistake.
To match any material, have druggist show you "Diamond Dye" Color Card.

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of the foods that promote growth. An essential food element for growing children are the "vitamins" found in the whole wheat. Shredded Wheat contains all the vitamins and mineral salts combined with the body-building elements in the whole wheat grain—the perfect food for growing children. Two Shredded Wheat Biscuits served with hot milk make a warm, nourishing meal at a cost of a few cents—the most real food for the least money.
Illustration of a bowl of Shredded Wheat with milk.